

COVID-19 & Regional Health Staff Wellbeing – Accessibility of Supports

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MONASH
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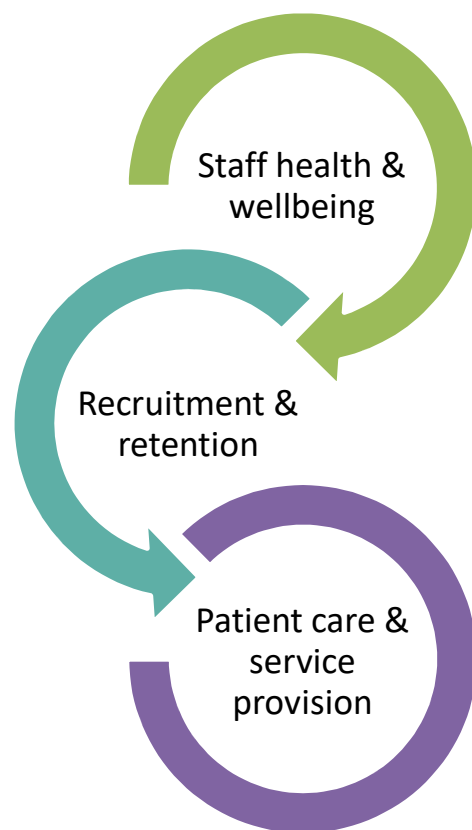


Western
Alliance

A healthier regional Australia

Background

COLAC AREA
Health



Hindawi
Health & Social Care in the Community
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Research Article

The Community, the Workplace, and Public Health Measures: A Qualitative Study of Factors that Impacted the Wellbeing of Rural Health Service Staff in Victoria, Australia, during the COVID-19 Pandemic

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Quality Care Close to Home

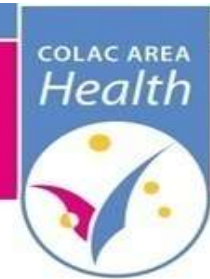
Study design



Phase 1: Initial co-design focus groups

- health service leaders and Human Resources/EAP staff
- identify the needs of the participating sites
- survey development
- map current services and understand potential barriers and enablers

Study design



Phase 2: Online staff survey

- all health service staff
- anonymous online survey
- staff perceptions of organisational wellbeing support strategies
- existing supports and gaps/potential supports for staff wellbeing

Results

- Four focus groups completed (n=16).

evaluation of
workplace
supports

diverse needs
of workforce

opportunities
during
COVID-19